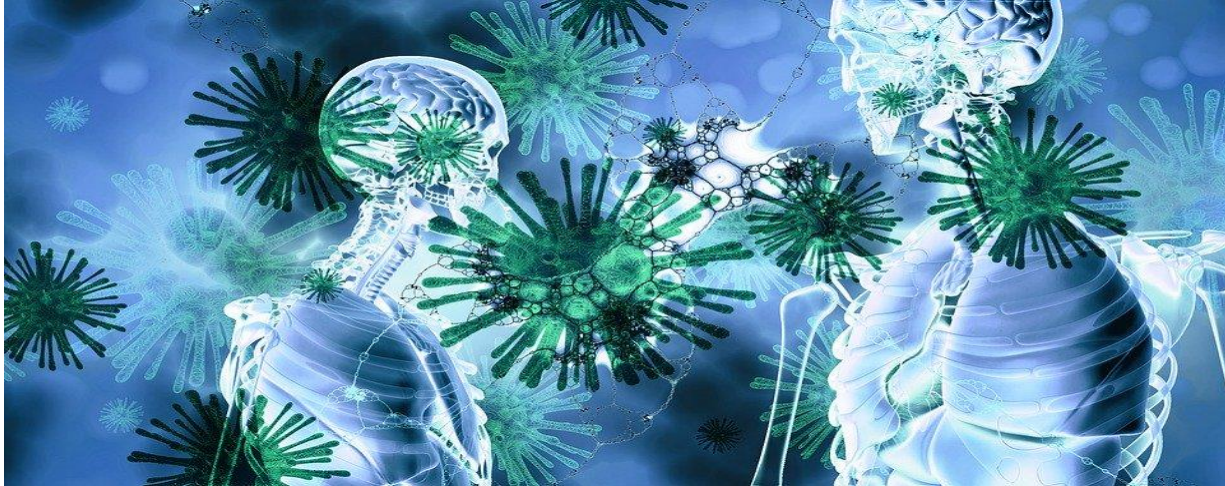# What if I Get Sick with the Coronavirus (COVID-19)?

If you have a fever or cough, you might have COVID-19. Most people have mild illness and are able to recover at home. Keep track of your symptoms. If you have an emergency warning sign (including trouble breathing), get medical attention right away. Call 911 if necessary, and advise them that you may have COVID-19.

If you get sick, or feel like you are getting sick, stop working. Do not continue working as this could make your condition worse and you could spread the virus to other people.

Notify your employer immediately. Tell the boss that you are sick, and you need to seek medical treatment. You should insist on housing where you can be isolated from other people, for at least 14 days if necessary. During this time, you must be provided food and adequate water.

Call your nearest medical clinic, hospital or migrant health provider. Tell them your symptoms. Unless it is an emergency, do not go to see a doctor without first calling to notify them of your condition.

The law requires your employer to provide full time workers with up to two weeks of paid sick leave at full pay if you have been advised by a health care provider to self-quarantine because of concerns related to COVID-19, or if you are experiencing COVID-19 symptoms and seeking a medical diagnosis.

The law requires that during the paid sick leave, your employer pay you your regular rate of pay or the minimum wage, whichever is greater.

It is illegal for your employer to retaliate or otherwise discriminate against you in any way. The law prohibits employers from discharging, disciplining, or in any other manner discriminating against an employee who takes paid sick leave.

The law also requires employers to post a notice of employees' rights under the sick leave law.

If you have any questions, call us.

Legal Assistance In New York:
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