

# Avoid the wait. Your life is 24/7. Now your doctor is too.

#### You have a new health care benefit. Activate it today!

Need care but don't have time to see a doctor? Now, you have convenient 24/7/365 access to care when and where you need it via our partner MDLIVE.

- See a board-certified doctor by secure video or phone anytime, from anywhere
- Average wait time is less than 10 minutes



Activate your account today!

ExcellusBCBS.com/
Telemedicine



or call **1-866-692-5045** 

### Telemedicine Benefit

ExcellusBCBS.com/Telemedicine or call 1-866-692-5045





### **Activate your account today!**

Activate your account, then you can speak with a doctor from home, office or on the go. We just need some basic medical history information, and you're good to go. Register now, because it's easier than when you're sick.

Our Health Plan complies with federal civil rights laws. We do not discriminate on the basis of race, color, origin, age, disability, or sex.

Atención: Si habla español, contamos con ayuda gratuita de idiomas disponible para usted. Consulte el documento adjunto para ver las formas en que puede comunicarse con nosotros.

注意:如果您说中文,我们可为您提供免费的语言协助。请参见随附的文件以获取我们的联系方式。

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MDLIVE is an independent company, offering telehealth services in the Excellus BlueCross BlueShield service area. Excellus BlueCross BlueShield is a nonprofit independent licensee of the Blue Cross Blue Shield Association.

## Board-certified doctors and pediatricians are available 24/7 for non-emergency conditions:

- Allergies
- Sore throats
- Cold/Flu
- Urinary problems/UTI
- Ear problems
- Respiratory problems
- And more

ExcellusBCBS.com/Telemedicine or call 1-866-692-5045



Simply pay the applicable copay, coinsurance or deductible.